



**EMERGENCY MANAGEMENT &
BUSINESS CONTINUITY TRAINING AND EXERCISE OFFERINGS
2022**



QM Training Catalogue:

Emergency First Aid | 6-8 Hours

Provides general knowledge of first aid principles and the emergency treatment of injuries. Usually paired with CPR-B with AED or CPR-C with AED and uses a combination of theory, practical situations, and a written exam.

****Certification valid for 3 years - recertification for EFA is the same 6–8-hour course**.**

Standard First Aid | 16-18 Hours

Provides comprehensive training covering all aspects of first aid and CPR. It incorporates all of Emergency First Aid and is designed for those who require a more in-depth understanding of first aid, including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies.

Usually paired with CPR-C with AED and uses a combination of theory, practical situations, and a written exam.

****Certification valid for three years - recertification for SFA rotates between a full course and an 8-hour recertification course**.**

CPR-A with AED | 3-4 Hours

Includes all CPR A with AED content with the addition of child and infant resuscitation. It is suited for anyone responsible for adults, children, or infants. Important for parents, family members, coaches, teachers, and the public.

There is no written examination. ****Certification valid for three years - recertification is a 3-4 hour recertification course****

CPR-C with AED | 3-4 Hours

Course targets people who have a duty to respond to medical emergencies in a pre-hospital care environment as well as the general public. This group may include workplace first aiders, ski patrollers, police and other first responders, lifeguards, community health workers, coaches and others whose job requires them to perform CPR on adults, children and/or infants within the community or workplace. This course includes a written examination.

****Certification valid for three years - recertification is a 3-4 hour recertification course****

CPR-HCP with AED | 3-4 Hours

The course is advanced CPR for health care professionals who have a duty to respond to medical emergencies in a hospital or pre-hospital care setting such as an ambulance. For example, physicians, dentists, nurses, respiratory therapists, EMS personnel, other health personnel, industrial emergency response teams, volunteer/career firefighters, medical and nursing students.

****Certification valid for three years - recertification is a 4-6 hour recertification course****

Working at Heights | 8 Hours

Designed for the Ontario construction industry and Ontario Ministry of Labour approved (Ontario Regulation 213/91 Construction Projects). This program includes a combination of theory and practical modules to provide students with the knowledge to perform their duties at height safely.

Confined Space Awareness | 8 Hours

It covers the requirements under current OH&S and is designed for workers performing work inside or out of a designated confined space.

Confined Space Rescue | 8 Hours

Builds on Confined Space Awareness and provides additional training to increase participant expertise and meet OH&S requirements.

Lock out/Tag out | 2 Hours

Designed for employers, supervisors, and employees to understand the hazards associated with uncontrolled energy. Participants also learn proper methods of controlling energy through developing and implementing a zero-energy plan.

QM Training Catalogue:

Respiratory Protection Awareness | 4 Hours

Hazardous atmospheres are common in workplaces due to coatings, off-gassing, reactions, cleaning, and many other processes. This course is designed for workers exposed to atmospheres requiring Air Purifying Respirators in the workplace. Addresses route of entry for hazardous materials through inhalation—manufacturer-specific training.

Respiratory Protection - SCBA | 4 Hours

Prerequisite: Respiratory Protection Awareness. The course begins where atmospheric hazards cannot be removed, are unknown or cannot be maintained below allowable limits; workers must be protected through delivered air—designed for workers exposed to atmospheres requiring an SCBA in the workplace. Manufacturer-specific training.

Hazardous Materials Response 472 Awareness | 8 Hours

Designed to provide first responders with an essential awareness of hazardous materials and includes mandated information from OSHA and EPA.

Hazardous Materials Response 472 Operations | 24 Hours

Designed to provide first responders with essential competencies to conduct defensive operations against hazardous material incidents to minimize the impact on human health.

Hazardous Materials Response 472 Technician | 40 Hours

Designed to provide first responders with advanced competencies to conduct offensive operations for positive hazardous material incident response. Builds on competencies learned in the awareness and operations levels and provides response leadership training.

Basic Spill Response | 8 Hours

It combines elements from all three levels of the NFPA 472 Hazmat response courses and is specifically designed to allow workers the ability to respond to basic hazmat spills.

Incident Command System 100

Introduces the Incident Command System (ICS) and provides response foundation. Describes ICS history, principles, and organizational structure.

Incident Command System 200

Outlines unique qualities of ICS as an incident management system. Focuses on single resource management. Provides training for personnel likely to assume a supervisory ICS position.

Incident Command System 300

Outlines unique qualities of ICS as an incident management system in an expanding/escalating situation. Enables personnel to operate efficiently during an incident using ICS in supervisory roles on expanding or Level 3 Incidents.

Incident Command System 400

Enables personnel to operate efficiently in the advanced ICS application. Includes command and general staff functions during complex incidents, the implementation of the incident management process during a complex incident and the management and coordination process across multiple incidents.

OSSA Fall Protection | 8 Hours

Developed by the Fall Protection Group, accredited by the Oil Sands Safety Association (OSSA) and recognized by the ACSA. Facilitates an understanding of Fall Protection as it relates to the student's job.

QM Training Catalogue:

Bio Haz

Course covers how to protect yourself from biological hazards, routes of transmission, basic cleaning techniques for a Biohazard environment.

Fentanyl | 3-4 Hours

This course covers Fentanyl and other similar products, how to protect yourself, routes of entry, signs of it, and its effects on a person.

Asbestos Awareness | 4 Hours

This training is required by Occupational Health and Safety for any employee who may encounter asbestos through the course of work, specifically those who work with or in proximity to asbestos-containing materials. Includes legislation, asbestos identification, associated hazards, and protection and safe work practices.

Fit Testing | 10-15 Minutes P.P

How to don/doff the respiratory equipment. Safety points of the mask with how to use and proper maintenance.

Transportation of Dangerous Goods (TDG) | 4 Hours

This course certifies staff in portions of the Act and regulations, for the purpose of compliance and safety. This course is designed for individuals shipping, receiving, transporting, or responding to incidents involving dangerous goods. Training is good for three years, if working in Canada. Includes understanding responsibilities of shippers' carriers, consignees, and handlers under the TDGR, classification of dangerous goods, system, and processes, use of safety marks, shipping documents, safe handling practices, transportation emergencies, and changes to the Clear Language Act (Amendment 6).

Waste Management (Reg. 347) | 4 Hours

This course is designed for staff involved in generating, transporting, handling, or disposal of regulated waste. Training content meets the requirements of paragraph 9 of subsection 16 (1) of Regulation 347. Includes vehicle and waste Management equipment, relevant legislation, environmental impacts, Occupational Health and Safety concerns and Emergency Management. Includes applicable legislation and personal responsibilities, environmental impact classification of wastes, manifest generation, reportable incidents, working with environmental officers, audits and inspections.

WHMIS | 4 Hours

This course outlines responsibilities for WHMIS in the workplace. It includes requirements for individual WHMIS training, hazardous chemicals entering the body, standard terms and symbols used for chemical hazards, SDS sheets and their use, supplier and workplace labels, and WHMIS application to everyday consumer products.

TEAP III Required Training

Training to NFPA 472 standard.

Mercury Awareness | 8 Hours

This course provides an overview of mercury and includes identifying its various forms, mercury in the environment, common uses, exposure limits (health effects and regulations), hazards (hazard profile and safety), mercury contamination (release response procedures and equipment), risk mitigation strategies and tactics (reducing exposure), containment and confinement, PPE, Spill Kit inventory, product removal, cleanup & disposal.

Media Awareness

Course covers the do's and don'ts around the media. How to speak clearly and give the best answers to a situation without sharing everything or too much.